



GRADE ONE

'A' Reel, 'A' Light Jig, 'A' Single Jig, Walls of Limerick

THEORY AND MUSIC

- 1) Give the time signatures of the following dances:
Reel 2/4 or 4/4
Light Jig 6/8
Single Jig 6/8
Walls of Limerick 2/4 or 4/4

- 2) Name the movements of the Walls of Limerick.
a) Advance and Retire
b) Exchange Places
c) Dance with Opposite
d) Dance Around

- 3) How do you place your hands when dancing?
Hands are placed down by your sides with hands turned in.

- 4) What is the first thing you do when you walk on stage?
You stand straight, hands by your sides and point your toe.

- 5) What way should your toes be while dancing?
Toes should always be turned out.

- 6) What part of your feet should you dance on in your light dancing?
You should dance on your toes.

- 7) What follows the lead around?
The sidestep follows lead around.

- 8) Is the Walls of Limerick danced in Reel or Jig time?
It is danced in Reel time.

- 9) How many bars do you wait for before you start to dance?
8 Bars of music.

- 10) How many 1 2 3's are there in the lead around in the Reel?
There are eight 1 2 3's in the lead around.



GRADE 1 – IRISH SECTION

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| Q.1 | Fáilte Romhat
Welcome | Faul-che ro-it |
| A1. | Go raibh maith agat
Thank you | Gur-rev mah egg-ut |
| Q2. | Cad is ainm duit?
What is your name? | Cod is anem dit? |
| A.2 | _____ is ainm dom
My name is _____ | _____ is anem dumb |
| Q.3 | Cén aois thú?
What age are you? | Kane eesh who? |
| A.3 | Tá mé _____ bliana d'aois
I am _____ years old | Taw may ____ bleena deesh |
| Q.4 | Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish | |
| A.4 | Reel
Light Jig
Single Jig
Walls of Limerick | Cor
Port Eadrom
Port Singil
Balláí Luímní |
| Q.5 | Slán leat
Goodbye | Slawn latt |
| A.5 | Go raibh maith agat
Thank you | Gur rev mah egg ut |



GRADE 1 – FIGURE SECTION

Show me the footwork for the 'Advance and Retire' movement in the Walls of Limerick.

Dancers must demonstrate as per instruction given at class.

Show me how you would hold hands with your partner in the 'Dance Around' movement.

Dancers must demonstrate as per instruction given at class.

Where does the lady stand in relation to the gentleman?

The ladies stand on the gentleman's right-hand side.