

### **GRADE SEVEN**

2)

Pre-Open Hornpipe, Pre-Open Single Jig, Open Light Jig, 3 Sea Captains, Own Choice Jig Set Dance (max 8:16), Humours of Bandon, High Cauled Cap

#### THEORY AND MUSIC

Give the time signatures of the following dances: 1)

> Light Jig 6/8 Single Jig 6/8 Hornpipe 4/4 3 Sea Captains 6/8 Step 8 Set 20 Humours of Bandon 6/8 High Cauled Cap 2/4 or 4/4

Name the movements of the following dances:

#### **HIGH CAULED CAP**

- a) Lead Around
- b) Body: Sides All Around Double Quarter Chain Ladies Interlace

Gentlemen Interlace Stamp and Clap

- c) 1st fig: Sidestep to Opposite
- d) Body
- e) 2<sup>nd</sup> Figure Circle and Cross
- f) Body
- g) 3<sup>rd</sup> Figure Ladies Chain
- h) Body

- **HUMOURS OF BANDON**
- a) Lead Around
- b) Body: Sides Full Turn and Pass Through

Sides

Full Turn and Pass Through

- c) 1st Figure Advance Through Centre
- d) Body
- e) Opposite Couple repeat 1st figure
  - f) Body
- g) 2nd Figure Centre Meet
  - h) Body
- i) Opposite Couple repeat 2nd figure
- i) Finishing Movement Advance and Retire
  - j) Body
    - k) 3rd Figure Ladies Chain
    - I) Body
    - m) Lead Around
- What music is the Humours of Bandon danced to? 3)

The Humours of Bandon is danced to a tune of the same name; the body is danced to the second part of the tune

- What is the formation of the Humours of Bandon and how many times is the body danced? 4) This is a dance for 2 couples in Jig time. The lady is on the gentleman's right hand side and both couples face
- each other. The body of the dance is performed after the lead around and after each couple performs each figure, so it is danced 6 times in total. How do you perform the Ladies Chain in the Humours of Bandon? 5)
- Ladies advance and take right hands in centre, continue on to opposite gentleman with left hand, turn once and return to own partner with right hand (passing right shoulder to right shoulder) Couples swing around each other.
- How do you perform the Stamp and Clap movement of the High Cauled Cap. 6) All stamp right foot (twice) then clap hands (3 times) (2 bars), Repeat (2 bars). Partners exchange places with sidestep, finishing with two 3's (4 bars). The movement is repeated for dancers to return to original positions (8 bars).
- How many times is the body danced in the High Cauled Cap? 7) The body is danced 4 times.
- 8) What type of chain is danced in the High Cauled Cap? The double guarter chain is danced in the High Cauled Cap
- 9) What is the name of the 1st Figure in the High Cauled Cap and who performs it first? The name of the first figure is Sidestep to Opposite, and each couple performs it starting with couple 1.
- 10) What are the similarities between the Humours of Bandon and the High Cauled Cap? Both dances commence with a lead around, and the 3<sup>rd</sup> figure is the same – they both dance the Ladies Chain.



# **GRADE 7 – IRISH SECTION**

Q.1	Fáilte Romhat Welcome	Faul-che ro-it
A.1	Go raibh maith agat Thank you	Gur-rev mah egg-ut
Q.2	Cad is ainm duit? What is your name?	Cod is anem dit?
A.2	is ainm dom My name is	is anem dumb
Q.3	Cén aois thú? What age are you?	Kane eesh who?
A.3	Tá mé bliana d'aois I am years old	Taw may _ bleena deesh
Q.4	Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo (Obar lum ass Gaelge na hanim-na-ka air na rinkee sho) Tell me the name of the following dances in Irish	
A.4	Set Dance Rince Humours of Bandon Pleara	ingil
Q.5	Cad is ainm do mhuinteoir rince? Cod is anem du woon-toir rinnke	What is the name of your Dancing Teacher?
A.5	is ainm di/do is anem dee/doh	is her/his name
Q.6	Ar mhait leat glacadh part I gcomortais rince? Do you like taking part in Competition?	
A.6	Is maith liom gcomortais is moh lum comortas	I like competition
Q.7	Ce acu b'fhearr leat, rince aonair no rince foirne Kay occu bar lat, rinnke ainor no rinnke four-ne  Do you prefer solo or figure dancing?	
A.7	Is fearr liom rince aonair. Is far lum rinnke ainor I like solo dancing	Is fear liom rince foirne Is far lum rinnke four-ne I like figure dancing
Q.7	Ce Mheid Blian a bhfuil tu ag damhsa Kay vaid belln a will to egg dowsah	How many years are you dancing?
A.7	Bhliana Vleena	years
Q.8	Slán go Foill Goodbye for now	Slawn gu foal
A.8	Go raibh maith agat Thank you	Gur rev mah egg ut

### **GRADE 7 – FIGURE SECTION**

# Name the 3rd Figure in the Humours of Bandon?

The 3rd Figure is called "Ladies Chain".

### Demonstrate the Sides with Pass Through in the Humours of Bandon?

Dancers must demonstrate as per instruction given at class.

# Demonstrate the Stamp and Clap in the High Cauled Cap?

Dancers must demonstrate as per instruction given at class.

# Using Chairs, demonstrate the Ladies Interlace in the High Cauled Cap?

Dancers must demonstrate as per instruction given at class.